



## Kentucky Coalition for Healthy Children

### Steering Committee Meeting Notes

April 26, 2022, 1:00 to 2:00 EST

#### Attendees:

Sheila Schuster	<a href="#">Advocacy Action Network</a>	Shannon Parker	<a href="#">Kentucky Family Thrive – KY DPH</a>
Candance Gurley	<a href="#">Aetna Better Health of Kentucky / KY SKY Program</a>	Gannon Tagher	<a href="#">Kentucky Nurses Association</a>
Joe Bargione Beverly Winsch	<a href="#">Bounce Coalition</a>	Penny Christian	<a href="#">Kentucky Parent Teacher Association – 16th District</a>
Joseph Frazier	<a href="#">Kentucky Chamber of Commerce - Center for DE&amp;I</a>	Emily Beauregard Cara Stewart Amy Guyton	<a href="#">Kentucky Voices for Health</a>
Amalia Mendoza Chloe Atwater	<a href="#">Foundation for a Healthy Kentucky</a>	Alicia Whatley Melissa Collins	<a href="#">Kentucky Youth Advocates</a>
Lauren Sherrow	<a href="#">GLSEN Bluegrass</a>	Elle Humphrey	<a href="#">St. Elizabeth Healthcare</a>
Mike Stone	<a href="#">Kentucky Council on Problem Gambling</a>	Elise Kearns	<a href="#">University of Kentucky</a>
Erica Davis	<a href="#">Kentucky Department for Medicaid Services</a>		

#### Meeting Objectives:

- The Steering Committee will discuss the issue of Adverse Childhood Experiences (ACEs) and the role of the coalition related to ACEs work.

#### Pre-Meeting Materials Included in Packet to Review:

- The Truth About ACEs – Robert Wood Johnson Foundation

#### Meeting Notes:

##### I. Member Updates

- A new organization has joined the Steering Committee, the Kentucky Family Thrive Program of the Kentucky Department for Public Health. Shannon Parker is the representative as the Early Childhood Trauma- Informed Care & Resiliency Consultant for the KY DPH.
- Erica Davis is joining the Steering Committee from the Kentucky Department for Medicaid Services, taking over for Lucy Senters.
- Joseph Frazier, the Executive Director for the Center for Diversity, Equity, and Inclusion of the Kentucky Chamber of Commerce also participated in the meeting.
- The Kentucky SHAPE meeting was taking place at the same time as the KCHC Steering Committee meeting so the KCHC SC meeting was recorded for those who could not attend.
- Kentucky Youth Advocates announced Part 2 of the Advocate Virtual Forum providing a **Recap of the KY General Assembly** tomorrow, Wednesday, April 27, 10:00 to 11:00 EDT. Link to register: [KYA](#)



- The Kentucky Advocacy Network shared that May is **Mental Health Month** and there are a series of events being organized, including Mental Health America of Kentucky's *Mental Health Month Kickoff* event, which will be next Tuesday, May 3, 2022. Link to events page: <https://www.mhaky.org/may.html>
- Kentucky Voices for Health announced the **ThriveKY Monthly Advocacy Series: State and Federal Policy Updates**, on Tuesday, May 3, 2022, 2:00 EDT. Link to register: [KVH](#)
- Dr. Bargione announced the next **Bounce Grand Rounds** is taking place on May 19, 10:00 to 11:30 EDT. Link to register: [Bounce](#)

The information on events will be sent out via email after the meeting.

## II. Presentation on Adverse Childhood Experiences (ACEs)

The focus of the meeting was on Adverse Childhood Experiences and resilience or building positive childhood experiences. Dr. Beverly Winsch and Dr. Joe Bargione, both members of the Steering Committee representing Bounce, led the presentation and discussion.

A poll was applied to the Steering Committee at the beginning of the presentation, with the following results:

1. What is your knowledge level of how Adverse Childhood Experiences (ACEs) can impact an individual?
  - Low – 6%
  - Mid – 56%
  - High – 38%
2. What is your knowledge level in ways to build resilience in the people you serve?
  - Low – 25%
  - Mid – 69%
  - High – 6%
3. How often do you practice self-care?
  - Never – 6%
  - Sometimes – 75%
  - Everyday – 19%

Slides to the presentation are included in the packet with the meeting notes. Three breakout groups met to discuss the topic and reported back to the full Steering Committee. The main take away from each group is as follows:

### Group 1

The importance of openness to change, to thinking of new ways of doing something by addressing ACEs and building positive childhood experiences.



### Group 2

The importance of emphasizing systemic change; people need to have their needs met, therefore the focus on resiliency shouldn't overshadow the need for prevention. It is important to address the root causes of ACEs (the "pair of ACEs" – Adverse Childhood Experiences and Adverse Community Environments). Change the landscape.

### Group 3

The importance of what is already being done around ACEs and PACES, as well as filling the gaps. Kentucky Strengthening Families has been training on ACEs and protective factors for a long time. The Kentucky Council on Problem Gambling held a conference with a focus on this topic, where counselors were trained on ACEs. The Advocacy Action Network has a model to empower people and support resilience.

The Coalition Coordinator, Amalia Mendoza, reviewed the Foundation for a Healthy Kentucky's work in the area. The Foundation has been invested in ACEs awareness and addressing ACEs since 2013 when it supported the development of 3 school-based interventions with Bounce. After the successful conclusion of those projects, they expanded the work to a rural setting and for the past three years has been supporting Bounce work with the Russell County schools, and the Lake Cumberland District Health Department.

Over the next two years, three more counties will be the focus of these school-based interventions, as well as local public health department trainings. Additionally, the Foundation is working with Kentucky Coalition for Healthy Children executive partner Kentucky Voices for Health, as well as the Kentucky Psychological Association, to collaborate on a statewide project for one of the most important groups in schools who are in constant contact with parents: Family Resource and Youth Services Centers (FRYSCs), and coordination has begun at the state level with FRYSCs and Strengthening Families/ Kentucky Family Thrive staff.

Additionally, there is a new statewide initiative, the Partnership for a Resilient Kentucky (PaRK), which working to bring to the table the initiatives, projects, researcher, etc. working in the area of PACES. The launch of this statewide networking initiative around PACES will take place in May this year.

**Next Meeting: May 31, 2022**